

**Healthy Minds
Happy Lives**



We aim to develop happy, confident, and caring young people.

Buddhist RI Checklist



- ✓ Contemporary, engaging lessons
- ✓ Based on aged-old wisdom
- ✓ Calming and meditation techniques
- ✓ Celebrating Buddhist festivals
- ✓ Fostering self esteem and respect
- ✓ Students don't have to be Buddhist

WANT TO HELP?

We are always looking for teachers prepared to dedicate an hour a week to deliver Buddhist RI in state schools.



Training and guidance are provided along with lesson plans and other teaching resources. We are a friendly, vibrant community.

We are also looking for volunteers to assist in various ways behind the scenes to ensure the teaching happens.



CONTACT US

For more information or to ask about your school having a Buddhist RI program

Buddhist Education Services for Schools Inc.

<https://multifaithsri.org.au/faith-traditions/buddhist-ri/>

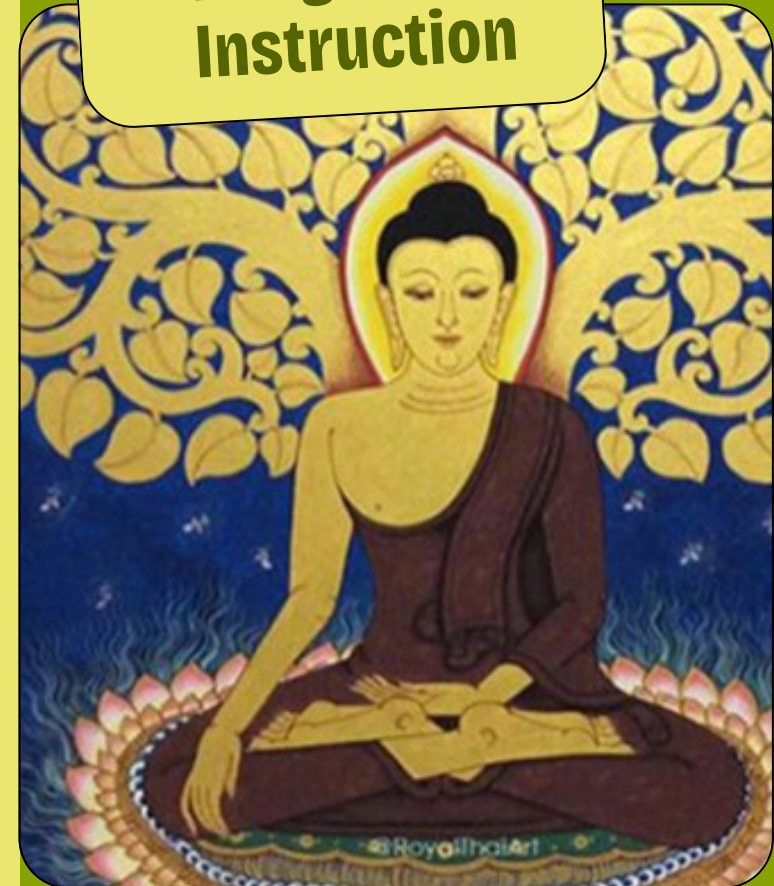
<https://www.facebook.com/BESSqld/bess.edu.qld@gmail.com.au>

0410 551 354

For the
benefit of
all beings



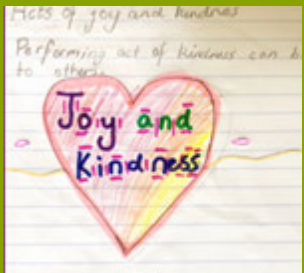
Buddhist Religious Instruction



**INFORMATION
FOR PARENTS**

Learning works best when it's fun

What will our students discover?



Our mission

Promoting universal values for living together in peace and harmony for the wellbeing of all.

What are the benefits?

A recent study by Professors Zehavit Gross (UNESCO) and Suzanne Rutland (University of Sydney) identified four main benefits of RI.

Offers important **psychological benefits** to the wellbeing and mental health of students

Empowers students to make better decisions and take responsibility for their actions

Provides a **safe place** for students to explore their deeper beliefs and consider big questions

Strengthens the **multicultural fabric** of schools and promotes greater understanding of other cultures

What do our kids say?

I like Buddhism class because other places are noisy and busy. Meditation time makes me feel peaceful. – OL (Grade 3)

Buddhism class teaches me to appreciate the good things in this world and how my actions affect others. – ALS (Grade 6)



How do I choose Buddhist RI?

In Queensland state schools, RI is available from Year 1 onwards. Buddhist RI is provided to students in Years 3 to 6 in those schools where the program is offered.

You can select Buddhist RI for your child by saying “Yes” to RI in the **school enrolment form** and nominating Buddhist RI.

You can also **request this at any time** by writing to your school’s principal.

Check out **your school’s website** under the extra-curricular tab for more information.

